

Tea or Coffee in Vietnam

Written by Administrator

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It is not accidental when you are often invited to enjoy a cup of coffee or tea when you visit offices or traditional restaurants in Vietnam. Coffee and tea are likely to be a beautiful culture of Vietnamese and it is always in their mind and this saying will be spoken out as a habit when they welcome their guests.



Vietnam Tea

Vietnam is one of the largest and oldest tea producers in the world. Tea has been grown in the country for over 2,000 years. As early as in the 11th century, tea was used as a symbol to convey the essence of Buddhism. And then, during period of the Tran Dynasty from the 13th to early 15th century, tea assumed a philosophical value for the Vietnamese. In the 15th century, the Vietnamese polymath Nguyen Trai (1380-1442) lived as a hermit, renouncing the outside world for a life of "tea, poetry and the moon".

If in the past, tea has a special philosophical value for scholars and a long tradition in Vietnamese history, it now has its own place in the life of ordinary people living both in big cities or remote villages. Tea today is used to bind people together. It is popular from homes to sidewalk stalls for friendly chats among neighbors or friends. It is also popular in official conversation for a refresh mind and success ahead.

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